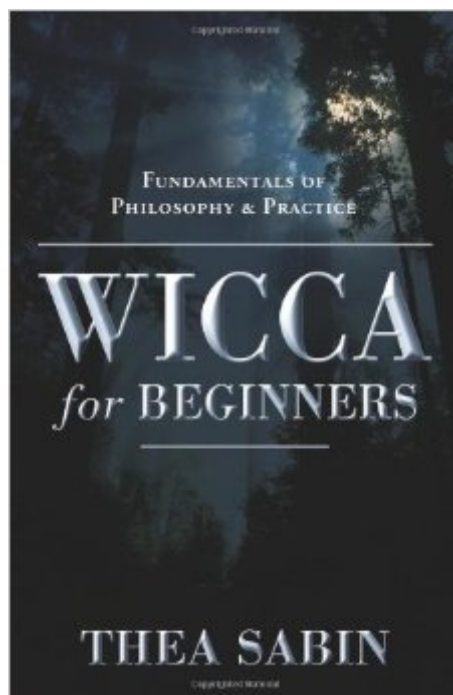


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# Wicca For Beginners: Fundamentals Of Philosophy & Practice



## Synopsis

"In her first book-length work, Sabin presents a first-rate, fresh, and thorough addition to the burgeoning field of earth-based spiritual practice volumes...written in a light, informative style that magically mines depth, breadth and brevity."--Publishers Weekly, 4-starred review

Due to the sheer number of Wicca 101 books on the market, many newcomers to the Craft find themselves piecing together their Wiccan education by reading a chapter from one book, a few pages from another. Rather than depending on snippets of wisdom to build a new faith, *Wicca for Beginners* provides a solid foundation to Wicca without limiting the reader to one tradition or path. Embracing both the spiritual and the practical, *Wicca for Beginners* is a primer on the philosophies, culture, and beliefs behind the religion, without losing the mystery that draws many students to want to learn. Detailing practices such as grounding, raising energy, visualization, and meditation, this book offers exercises for core techniques before launching into more complicated rituals and spellwork. Finalist for the Coalition of Visionary Resources Award for Best Wiccan/Pagan Book

## Book Information

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## Customer Reviews

As a teacher of Wicca for many years, I'm always looking for better materials to use for training. I am grateful to Ms. Sabin for providing what will undoubtedly be the introductory book I will recommend for the foreseeable future. She presents the basics without pushing any given path or tradition, often presenting varying interpretations and viewpoints in a non-judgemental manner. This is a solid foundation for seekers to use as a springboard to whatever flavor of Wicca they choose to explore. I appreciate that she addresses ethics within Wicca, which many authors seem to avoid, or

present in a highly simplistic manner. The book is clearly meant for beginners, hence the title, and is possibly the best overall introduction I have yet seen.

As a Buddhist with Wiccan tendencies, I found that Sabin's thoroughly engaging, witty, non-threatening introduction to earth-based spirituality was just the ticket to satisfy a lifelong curiosity and a nagging sense that modernity and monotheistic religions are strangling our collective connection to the Divine in its feminine and masculine totality. The historical context, the DIY common sense and the conversational style reveal a mystical writer with an academic's intellect and a believer's heart. I've actually used some of the protective skills and guided imagery, and I think that as I become more comfortable with my own skin, I'll explore her teachings in more depth. I highly recommend it.

I bought this book to learn more about the wiccan religion as my girlfriend is wiccan and I had no prior (correct) knowledge of the religion. This book offers an excellent intro to the history, philosophy and basic practices of the religion as the title suggest. Its also doesn't read like a textbook so its fun and to read. In general I would reccomend this book to anyone just starting out who wants to learn more about the religion.

As a new Wiccan with my only pagan friend hundreds of miles away, I was searching for something to help answer many questions I had. Was I on the right path? Did I truly understand where I was going? Something made me click the link to this book and I'm glad I did. I bought the book based on the previous good reviews, and it paid off for me. Thea Sabin starts the book with a wonderful introduction into the history of Wicca. Bits of humor are littered among the facts, keeping it from being too dry (hey, history is boring to me). From there she goes into a full chapter on the principles and ethics...topped off with a great section of "What Wicca is NOT". I appreciated the first two chapters and the scope of what they covered. She made sure to point out that everyone's path is unique and that while you may not practice everything mentioned, it is important to know about it. By the end of the second chapter so many of my questions were answered I was eager to read on. The exercises she gives to help you along are fun and challenging, working your magical muscles in an effective way. For me this book was a great start, and a wonderful accompaniment to the aide of friendship I have in my pagan friend so far away.

So you've discovered Wicca and think it might be the Path for you? Then do yourself a favor and

read this book, along with 'Practical Magic For Beginners: Techniques And Rituals To Focus Magical Energy' by Brandy Williams. The combo of these two beginners books is enough to get you on your Path. Williams focuses more on ritual while Sabin focuses more on feelings and beliefs. This book covers the Sabbats (the Wheel Of The Year), although briefly) introducing us to the celebrations of Sabbats and Esbats. Sabin discusses some of the Wiccan Gods and Goddesses, the practical tools of the witch including the invisible (grounding, centering, visualization, casting a circle) and the physical tools (the altar, athame, bells, candles, wands, etc). Your altar can be as simple or elaborate as you wish. She covers the Elements and the Quarters (directions associated with Elements), Meditation, Ethics, the Wiccan Rede, and lastly putting together all the information you've gathered and putting it to good use. I highly recommend making Sabin's book and Williams' book your first books along the way to finding your own Path. There are many other books to branch out from, including the highly recommended 'The Way Of Four' by Deborah Lipp that gets into intimate detail regarding the Four Elements (a special focus of mine, along with celebrating Sabbats). I highly recommend this book. Enjoy!

I found this book to be informative however, for a beginner I have found that Towards The Wiccan Circle by D'Este is simply more straight forward and broken down into a study guide, where I feel like I am actually learning about my origins as a wiccan. Like every web site and book author will continue to repeat YOU MUST do your research and find your way into what works for you. This was one of 4 books I am currently using as part of my research. Good luck!

I have been exploring different religions for some time now. I have been having trouble finding anything that did not contradict things that I felt were fundamentally true about the universe and about life. I was reluctant to pick up Wicca because my husband was raised Catholic and his whole family is very religious. This is a fabulous book! And I have found my true religion. The ideas of Wicca coincide with what I have always felt. This book is truly a wonderful resource. It is informative in a gentle way. There is not a lot of bibitty bobbity boo, just good old fashioned facts. The meditation exercises are wonderful. Now, as long as I don't talk about this near my husband and his family, all will be well.

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